

FEAR

“UNBELIEF”



GOOD NEWS FAITH TRAINING
SERIES

LCWC WOG

Training Session #2

Terms & Definitions

1. Evil

Definition: Anything that is morally wicked, opposed to God's nature, and results in separation from Him. Evil originates from disobedience and rebellion against God.

Key Verse: "Woe to those who call evil good and good evil..." — Isaiah 5:20

Hebrew: ra (רַע) — wickedness, adversity, calamity.

Greek: ponēros (πονηρός) — wicked, morally corrupt.

2. Heart

Definition: The innermost part of a person—where thoughts, intentions, emotions, and will reside. It is the center of spiritual life.

Key Verse: "Man looks on the outward appearance, but the Lord looks on the heart." — 1 Samuel 16:7

Hebrew: lēb (לֵב) — mind, will, emotions.

Greek: kardia (καρδία) — center of life and moral reasoning.

3. Fear

Definition: A deep reverence and awe toward God (holy fear), or an anxious dread often associated with unbelief.

Key Verse: "The fear of the Lord is the beginning of wisdom." — Proverbs 9:10

Hebrew: yirah (יִרָא) — reverence, terror.

Greek: phobos (φόβος) — fear, awe, reverence.

4. Belief

Definition: Trust and confidence in God's character and Word, resulting in obedience.

Key Verse: "Abraham believed God, and it was credited to him as righteousness." — Romans 4:3

Greek: pisteuō (πιστεύω) — to trust, to have faith in, to rely upon.

6. Enter

Definition: To go into or possess something God has provided, often representing obedience and acceptance of His invitation.

Key Verse: “Let us therefore strive to enter that rest...” — Hebrews 4:11

Greek: eiserchomai (εἰσερχομαι) — to go in, to come into possession.

7. Accept (Acceptance)

Definition: To receive willingly or be received by God, often associated with grace and favor.

Key Verse: “To the praise of the glory of His grace, wherein He hath made us accepted in the beloved.” — Ephesians 1:6

Greek: dechomai (δέχομαι) — to take by the hand, to embrace.

8. Promise

Definition: A divine declaration of something God will do; it is guaranteed by His unchanging nature.

Key Verse: “For all the promises of God in Him are Yes, and in Him Amen...” — 2 Corinthians 1:20

Greek: epangelia (ἐπαγγελία) — an announcement, pledge, or divine assurance.

9. Rest

Definition: A state of peace, completion, and trust in God’s work—spiritually and physically; typified in salvation and eternal life.

Key Verse: “There remains therefore a rest for the people of God.” — Hebrews 4:9

Greek: katapausis (κατάπαυσις) — cessation, rest, dwelling.

10. Shabbat (Sabbath)

Definition: The seventh day of the week, set apart for rest and worship, commemorating God’s rest after creation.

Key Verse: “Remember the Sabbath day, to keep it holy.” — Exodus 20:8

Hebrew: shabbat (שַׁבָּת) — to cease, to rest.

11. Mix

Definition: To combine or unite. In biblical context, it often refers to the integration of faith with hearing the Word.

Key Verse: “...but the word which they heard did not profit them, not being mixed with faith...” — Hebrews 4:2

Greek: sugkerannumi (συγκεράννυμι) — to blend or unite intimately.

12. Faith

Definition: Confident trust in God and His Word, evidenced by obedience and dependence.

Key Verse: “Now faith is the substance of things hoped for, the evidence of things not seen.” — Hebrews 11:1

Greek: pistis (πίστις) — assurance, belief, conviction.

13. Confession

Definition: To speak in agreement with God; to acknowledge truth, often regarding sin, faith, or allegiance to Christ.

Key Verse: “If we confess our sins, He is faithful and just to forgive us...” — 1 John 1:9

Greek: homologeō (ὁμολογέω) — to agree with, to declare openly.

14. Submit (Submission)

Definition: To yield to God’s authority or the order He has established, in humility and obedience.

Key Verse: “Submit yourselves therefore to God. Resist the devil, and he will flee from you.” — James 4:7

Greek: hupotassō (ὑποτάσσω) — to place under, to subordinate.

Applying the Meaning

The biblical meaning of Hebrews 4:1, especially for a child of God, is a sober and loving warning—and also a powerful invitation. Here's the verse again:

“Let us therefore fear, lest, a promise being left us of entering into His rest, any of you should seem to come short of it.” — Hebrews 4:1 (KJV)

Biblical Meaning and Practical Application

1. “Let us therefore fear...”

Meaning: This is not a fear of punishment, but a holy reverence and awareness of the danger of spiritual complacency or unbelief.

Practical Application:

As a child of God, we must take our walk with Christ seriously. Be alert, humble, and sensitive to the Holy Spirit—not casual or careless with God’s Word or your spiritual growth. This kind of “fear” helps us stay watchful and obedient.

2. “Lest, a promise being left us...”

Meaning: God has given us a standing promise—a rest (peace, security, salvation, prosperity, and eternal life) that we are still able to enter into. The promise (logos & rehman) still stands.

Practical Application:

Don’t miss what God has made available to you. Stay in faith. Trust that His promises are still active for you—whether it’s peace in trials, joy in your journey, or eternal life with Him.

3. “Of entering into His rest...”

Meaning: This rest is spiritual rest—freedom from striving, guilt, fear, and self-reliance. It’s peace with God through faith and obedience. It also includes eternal rest with Him.

Practical Application:

Rest in what Jesus already finished at the cross. You don’t have to earn salvation—just walk in faith, trust His grace, and live from a place of peace, not pressure. Don't let anxiety, works, or sin block you from God's rest.

4. “Any of you should seem to come short of it.”

Meaning: Some may appear close to the promise—maybe attending church, saying the right words—but lack true faith and obedience. This is a gentle warning not to merely look saved but to be saved.

Practical Application:

Make sure your heart is aligned with God—not just your outward behavior. Evaluate: Do I really trust God? Do I walk in obedience and faith, or am I just going through motions?

Summary: How We Can Apply Hebrews 4:1

Take our spiritual life seriously and avoid spiritual laziness. This is INDIVIDUAL not a group activity.

Trust God’s promise of rest—it still stands today.

Live from a place of peace and knowing through faith, not striving through works.

Check your heart regularly—don't settle for surface faith or less than what the Father has declared through His Word.

Encourage others to enter God's rest too—don't walk this walk alone.